

**In order to reach your karmateet stage,
increase your controlling power and become a
ruler of the self.**

Today, BapDada was seeing everywhere all His royal specially loved (raj dulare) children, the children who are loved by God. Very few children receive God's affection and God's love. Very few children become worthy to receive such fortune. On seeing such fortunate children, BapDada is very pleased. To be a royal child (a crown prince) means to be king child. Do you consider yourselves to be kings? Your very name is Raja Yogi. To be a Raja Yogi means to be a child who is like a king. You are kings at present and kings in the future too. Do you experience your doubly *royal* status? Examine yourself to see whether you are a king. Are you able to rule yourself? Are all your servants working in your kingdom according to your orders? You know what the speciality of a king is, do you not? Ask yourself whether you have both *ruling power* and *controlling power*. Are all your servants in your kingdom under your *control*?

Today, BapDada was examining the children's *controlling power* and *ruling power*. What did He see? All of you know this anyway. BapDada saw that, as yet, not everyone has a constant and undisrupted kingdom. It should be constant, and yet, it is disrupted every now and again. Why? Instead of you constantly ruling, others try to rule you. This also disturbs your kingdom. When your physical senses become dependent on external things, it indicates that others are trying to rule you. It means you are being influenced by the kingdom of Maya, you become dependent on others. The minority is OK, but the majority is influenced by the current special influence of Maya so that the sanskars from the copper age onwards up to the end of the iron age emerge and interfere with your original and eternal sanskars. Your own sanskars disturb your own kingdom. It is particularly the sanskars of waste thoughts, of wasting time and having wasteful interaction, either in listening to others or relating things to others. Firstly, it is your sanskars of waste and secondly, it is your sanskars of carelessness that disturb your kingdom in many different *royal* ways. Even though the final time is now coming close, many children still say that some sanskars are now emerging that had never emerged at the start. Sankars are emerging even now because of the atmosphere. What is

the reason for this? This is the way Maya attacks you, makes you feel disheartened on this Godly path and makes you belong to her. Because you are even now still moving along in that way, you wonder whether you will attain the success of becoming equal. In one aspect or another, particularly in an aspect where you are weak, Maya will try to dishearten you. This is the way Maya attacks your sanskars. Even though you may be moving along very well, Maya will adopt a form to make one or another of your old sanskars emerge to try to dishearten you. All your old sanskars have to be destroyed by the end, therefore, any sanskars that still remain may sometimes still emerge. However, BapDada is signalling all of you fortunate children not to be afraid, but to understand the ways of Maya. Pay special attention to both laziness and wastage. Negativity is also included in this. Understand that this is the way in which Maya attacks you at the present time.

Keep the experience of the Father's company in the *combined form* with you in an emerged way. Do not just think that Baba belongs to you anyway and that He is with you. When you keep the practical experience of His company emerged, this attack of Maya will not be an attack, but, instead it will be the defeat of Maya. It will be the defeat of Maya, not an attack by her. Never become afraid and wonder what is happening or why something is happening. Simply maintain your courage and stay aware of having the company of the Father. Check whether you still have the company of the Father or whether your experience of that company has become merged. You have the knowledge that the Father is with you. However, together with this knowledge, you also know Baba's power. He is the Almighty Authority, the One with all powers and therefore, experience the strength of all the powers in an emerged way. This is what is meant as experiencing the Father's company. Do not become careless and start to think "Who else do I have except the Father? The Father is always there." If He is there, then is the *power* also there with you? You tell the people of the world that if God were omnipresent, then His qualities would be seen and experienced. So BapDada is also telling you that if the Father is with you and combined with you, you should be experiencing power in everything you do. Others should also experience this in you. What do you think? What do the double foreigners think? Do you have this power? Do you have it constantly? Everyone is answering "yes" to the first question. Yes. However, when you were asked the second question as to whether it is constant, you begin to

think about it. So it is not constant and unbroken, is it? What challenge do you issue? Are you creating a constant kingdom or a disrupted kingdom? What are you doing? It is a constant kingdom, is it not? Teachers speak! Is it constant? Therefore, check whether your own kingdom is constant. Say yes or no! Is it constant? Do you want to claim a good kingdom, a reward for all time, or doesn't it matter if your kingdom is disrupted every now and again? Do you think in this way? Is it that you want the attainment for all time, and yet, in terms of effort, it doesn't matter whether it is only sometimes? What words were the double foreigners asked to remove from the dictionary of their life? Do you remember? *Sometimes* and *something*. Do you still use the word "*sometimes*" or is it finishing? Speak Jayanti! Speak! You can give the result, can you not? Has *sometimes* finished? Those who think that the word "*sometimes*" has finished for all time, raise your hands! Has it finished or is it now finishing? Raise your hands high! Although not all of your hands were visible on the T.V. here, they all appeared on the T.V. in the subtle region because this T.V. is iron-aged, whereas that T.V. is the magical T.V. of the subtle region where everyone's hands are therefore visible. Very good! Many of you raised your hands. Congratulations for all time to all of you who raised your hands. Achcha. Now, people of Bharat, raise your hands! Only those who have done this in a practical way should do so. Don't raise your hands just like that. Those who are able to rule the self for all time and who are keeping all their physical senses in *law* and *order*, raise your hands! Raise your hands firmly, not weakly. There are at least a few in Bharat too! It is good! However, you have raised your hand, but constantly remember that you raised your hand in the gathering. You also tell Baba very sweet things. You say: Baba, You know everything. You know that sometimes Maya does come. You have raised your hand. Therefore, remain honourable to that! At least you have remained courageous. Therefore, never lose your courage. When you stay courageous, you definitely receive BapDada's help.

Today, BapDada saw that according to the present time, in terms of staying in control of yourself and your physical senses, that is, in terms of having the power to control yourself, you need this power a great deal. On hearing the heart to heart conversations of you children, of how you are not able to have four hours remembrance, BapDada smiled. BapDada changed 8 hours to 4 hours. And now, you children are saying that 2 hours is fine! So, is this your

controlling power? If you don't practise this from now, how are you going to *pass with honour*? You have to become rulers of yourself. Children, you are laughing because Baba heard all of your conversations today. You make Baba laugh because you say that you are unable to have three minutes traffic control. Instead, it just becomes the control of your body. You are able to stand still. However, sometimes you are able to control your mind, but not at other times. Why? You have to increase your *controlling power*. Just as when you order your hand to go up, it rises, so, order your mind. If your arm is not *broken*, you are able to raise it. In the same way, the subtle power of your mind should be under your control. You have to bring it under control. As soon as you order it to *stop*, it should *stop*. As soon as you tell it to think about service, it should become busy thinking of service. When you tell it to go to Paramdham, it should go to Paramdham. Tell it to go to the subtle region and it should go there within a second. Whatever you tell it to think about, it should be able to do that. Now increase this power. Do not waste your time in small sanskars and in battling and say that today, you chased away this sanskar and that yesterday, you chased away another sanskar. Once you adopt *controlling power*, you will not have to spend different periods of time for different sanskars. When you tell your mind, "Do not think, do not do anything, do not speak", as soon as you tell it to stop, it should stop. This is the way you can reach your karmateet stage. You do want to become karmateet, do you not? BapDada also says that you have to become this. No one else will come here to become this; it is you who have to become this. Baba will take you back with Him, but only those of you who are karmateet. You will go back home with the Father, will you not? Or, will you follow later? You spoke very well when you said that you will return with the Father. However, you didn't say "Ha ji" when you were asked whether you will settle your accounts. You will return home after having become karmateet, will you not? To return with the Father means to return as His companion. A couple has to be a good match. Or, should one be tall and the other one short? They have to be equal. Similarly, you have to become karmateet. What will you now do? Now, look after your kingdom very well. Hold a court every day. You are the ruler of your kingdom, are you not? So hold your own court and ask your servants how they are. Check whether everything is in order. Brahma Baba also held court every day. You have a copy of it in the dairy. Show it to them! Brahma Baba also made effort. It was only because he held his own court every day that he became

karmateet. So how much time do you need now? Or, are you ever-ready? By having this stage, service will take place quickly. Why? Because your thoughts, your words, and the interaction through your face and activity will all be powerful at the same time. Doing all three types of service at the same time will quickly bring a good result. Do not think that because you have to do this sadhana (spiritual endeavour), there will be very little service done. No, you will easily gain success in service. If all of you instruments for service have such a stage collectively, then it will take less effort and you will achieve greater success. So pay special *attention* to *controlling power*. You should be able to control your thoughts, your time and your sanskars. BapDada has told you many times that you are kings. You should keep your mind and intellect in *law* and *order* when you want, as you want, wherever you want and for however long you want. If you tell your mind not do something and yet your mind still does that, if it still happens, that that is not *law* and *order*. So, you rulers of the self, make your kingdom practical. You want to make it practical, do you not? You are making it practical, but BapDada has already told you to add the word "constantly". Is this OK? Is this OK with the teachers?

BapDada will come one more time, the last time, this season. There is just one more turn remaining. Baba will ask for your result in this last turn. You have fifteen days. So will you show some result in fifteen days or not? Teachers speak! Will you hand in this result in fifteen days? Achcha, those from Madhuban, raise your hands. Will those from Madhuban show this result in fifteen days? Say yes or no now! Raise your hands now! Remain honourable to the hand that you raised! Achcha. Those from Gyan Sarovar, raise your hands! Even those from Gyan Sarovar who are not here; you also have to promise that you will hand in this result in fifteen days. Those who feel that they will try, raise your hands! Those from Shantivan, stand up! (BapDada called all the main instruments of Madhuban, Gyan Sarovar and Shantivan to come in front of Him.)

BapDada has called all of you for everyone to be granted a vision of you. Everyone becomes happy to see all of you. Achcha. (To the audience.) All of you have seen the special souls, haven't you? You didn't congratulate them. BapDada will now tell you what He wants. There are the four pilgrimage places: Pandav Bhavan, Shantivan, Gyan Sarovar and the Hospital.

The fifth one is small. BapDada has a hope for all four. Should Baba tell you about it? In three months time, no more than three months, BapDada wants to see the result of you kings being constant, undisturbed, obstacle-free and unshakeable rulers of the self. In three months time, there should be nothing of any other situation heard from anywhere. All of you are to become number one rulers of the self. Can you give this result in three months? (Asking Brother Nirwair). You represent Pandav Bhavan. Is this possible? Dadi is there anyway, but all of you sitting in front are also included. Is this possible? (Dadi says that yes, it is possible.) Those from Pandav Bhavan sitting here, raise your hands if you think this is possible. Achcha, if someone is weak or if something happens to someone, what would you do? Who has the courage to believe that you can hand in this result whilst still giving your company to your companions. Do you have this courage? Is this possible? Or, do you just have courage for yourself? Are you able to accommodate the things of others? Are you able to accommodate the mistakes of others? Do not spread anything into the atmosphere, but accommodate it. Are you able to do this much? Those sitting at the back, are you ready to do this? Say "Ha ji" out loud. Congratulations! Baba will see your report in three months time. Baba will also see the report of Shantivan. Are those from Shantivan saying "Ha ji"? There should be no bad reports or complaints. Give these vibrations to one another. Give vibrations full of love. There should be no more quarrelling. The same applies to the double foreigners. This doesn't just refer to the residents of Madhuban. All of you have to become this. All you double foreigners who believe you can hand in this result in three months time by yourselves and make your companions do the same, raise your hands! All of you raised your hands. You saw one another. If anyone of you here thinks that you will try, but that you are not able to commit yourself at this moment, raise your hands! You have a clean heart and those who have a clean heart receive help. Which big zones have come?

Maharashtra: There are many who have come from Bombay and Maharashtra (3000). Do those of you from Maharashtra feel that you can hand in this result in three months time? Those who say "yes", sit down! Those of you who feel you will try, remain standing!

Delhi: Do those from Delhi feel that you will definitely do this? Say yes or no! (Ha ji.) Those of you who feel you will try, stand up! You will be given one more chance.

Karnataka: Do those from Karnataka have courage? (Ha ji).

U.P.: (1600) First of all, congratulations to those of you from U.P. for the service you have done. All of you have kept good courage and accumulated in your account of charity by using your body, mind and time in a worthwhile way. Therefore, you automatically receive everyone's blessings as the fruit of your service. You did very well. You remained courageous and attained success. Therefore, congratulations! You also receive everyone's blessings. Achcha. Those of you who feel that you have to hand in this result, say "Ha ji"! Those of you who feel that you will try, remain standing! The rest of you can sit down!

(Gujarat, Indore, Punjab, Bhopal, Tamil Nadu, Eastern Zone, Nepal, Assam, Rajasthan, Agra etc. BapDada made all of them stand up in the gathering to say "yes" or "no".)

The majority have a lot of zeal and enthusiasm. However, those of you who said that they will try are also right. BapDada says that by remaining courageous and having determined thoughts, everything will work out fine. If you create thoughts as a master almighty authority, what could you not achieve? Since you are able to transform the world, are you not able to transform yourself? Therefore, BapDada is telling those of you who said yes, to constantly keep this thought emerged at amrit vela: "I have to remain free from obstacles." Baba is telling those who said that they will try to revise their determined thought after amrit vela: "When children maintain courage, you definitely receive help from the Father." With this courage, instead of just trying, you will continue to experience success. BapDada is always pleased to see the children's results, and still congratulates you for your courage. Three months practice of this will make you experience it for all time. That is, if you do it with your own zeal and enthusiasm. If you just do it by feeling compelled to do it and think that you have to do this just to spend the next three months, then you will not attain it for all time. However, by doing it with zeal and enthusiasm, your original and eternal sanskars will emerge for all time. Do you understand? Achcha

To all the souls everywhere who are the rulers of the self; to the souls who remain constantly worthy of a constant kingdom; to those who reach their

karmateet stage like the father; to the intense effort-making souls who follow the father; to the children who are well-wishers for others and constantly give their co-operation of good wishes and pure feelings, BapDada's love, remembrance and namaste.

Speaking to Dadis: The thought of intense effort that remains emerged within you instrument souls gives power to others to enable them to continue. It fills disheartened souls with power so that they all return from here with fresh enthusiasm. No matter what happens, even if there is a little conflict, the majority do take enthusiasm back with them to make effort for themselves. Therefore, everything is working out fine and it will be OK. Nothing will decrease, it will increase. It is good. BapDada is proud of you children who are Brahma Baba's companions because you are fulfilling your responsibility very well. You are no less. You are playing a very good role in fulfilling your responsibility of companionship. So, how many congratulations and blessings can both Bap and Dada continue to give His children who fulfil the responsibility of companionship? You are playing a very good role. You have become pillars. You pillars have been created in the corporeal form and everyone is progressing on the basis of you pillars. Therefore, the effort of all of you is easy. Your account is increasing a great deal with blessings. Achcha.

(Dadiji is going to have a minor hernia operation on the 18th of March.) Baba knows. What is that? It is nothing. It is already accomplished, it is nothing serious. It is better to remove it than to have it cause discomfort. You still have to continue to do service. You are a main server and so you have to take greater care. You mustn't just make do with everything as it is, but you must pay attention. It is nothing serious.

*** OM SHANTI ***